

Endurance Stepper

LED CONSOLE

S-ES-F

For a workout that's natural and invigorating, our stepper delivers a superior stair-climbing experience for beginners and enthusiasts alike. Angled, independent motion mimics the feel of real stair climbing, while large non-slip pedals provide a secure feel and a low-maintenance belt-drive delivers smooth, quiet operation.



Virtually anyone can step up to our LED Console and enjoy the easy navigation of the interface. Complete, easy-to-read workout feedback helps members gauge performance at a glance.

CONSOLE	
DISPLAY	Large number LED with message center
WORKOUTS	Go, manual, interval training, fat burn, rolling hills, target heart rate, glute training†, fitness tests
IFIT ON-DEMAND WORKOUTS	No
LANGUAGES	English, German, French, Italian, Spanish, Dutch, Portuguese, Swedish, Finnish, Turkish, Danish, Polish
FAN	No
ANALOG TV	Optional; attachable add-on TV
DIGITAL TV	Optional; attachable add-on TV
IPTV	No
PRO:IDIOM COMPATIBILITY	Optional; attachable add-on Pro:Idiom TV (≠ IPTV)
WIFI	Optional; included with Asset Management and Workout Tracking Network App
BLUETOOTH	No
ANT+	No
RFID WIRELESS LOGIN	Optional
CONNECTS TO APPLE WATCH	No
MADE FOR IPHONE®, IPAD®, IPOD®	No
CONNECTS TO SAMSUNG GALAXY WATCH	No
USB PORT	Yes; device charging, software updates
WIRELESS CHARGING (QI)	No
CSAFE READY	Yes
AUTO WAKE-UP	No
	†Some of these programs may not be available on this frame.

FRAME	
ASSEMBLED DIMENSIONS	114.3 x 78.7 x 179.1 cm / 45" x 31" x 70.5"
CONTACT & TELEMETRIC HR	Yes
DRIVE SYSTEM	Maintenance-free belt
ETHERNET CONNECTIVITY	Yes
MAXIMUM USER WEIGHT	182 kg / 400 lbs.
MINIMUM WATTS	18 W powered or self-powered
PEDAL SPACING	8.4 cm / 3.3"
POWER REQUIREMENTS	Self-powered or 100–240 V — 50/60 Hz AC
RESISTANCE SYSTEM	Hybrid generator
SERVICE CASTER	No
STEP RANGE	31 cm / 12.2"
TOP-DOWN LEVELERS	No
RESISTANCE RANGE	93–303 W
ASSEMBLED WEIGHT	116.9 kg / 257.7 lbs.
SHIPPING WEIGHT	133.2 kg / 293.7 lbs.
RESISTANCE LEVELS	30